



KICKSTART AT HOME



Welcome to Kickstart at Home — our weekly activity feature designed to help families continue the fun and learning from our childcare and school sessions right at home!

ACTIVITY DETAILS



Mini Winter Olympics



Suitable for all ages



30-45mins

WHAT YOU WILL NEED



Red construction paper



Soft balls or rolled up socks



Basket or box



Paper plates



Laundry basket



Stuffed animal



Paper, foil, pens, ribbon or yarn

A GOOD EXAMPLE IS...



HOW TO DO IT

- Step 1 – Pick 2–3 events like Sock Skating, Snowball Toss or Speed Skating.
- Step 2 – Let children invent a country and make simple team flags.
- Step 3 – Make quick foil-covered paper medals or use stickers or certificates.
- Step 4 – Keep rules simple and focus on fun and participation.
- Step 5 – Run events one at a time and let children help announce or judge.
- Step 6 – Hand out medals or small prizes and end with a celebration and group photo or snack.



WHAT CHILDREN WILL LEARN...

Physical development, coordination, turn-taking, teamwork, and imaginative play.



KICKSTART'S TOP TIPS

Add some winter-themed music and make sure the play space is safe and clear.



SHARE YOUR SUCCESS

Make sure you share your fun and end result with us via our social media pages!

#WeAreKickstart

